

## Fade Agent

You have been given a fade cream to help lighten a dark spot or area on your skin. Please follow instructions below for best results.

1. Please apply bleaching cream to the affected area \_\_\_\_\_ time(s) a day on clean skin. You will need to apply for \_\_\_\_\_ months for best results.
2. This combination cream may have a retinoid/retinol component, which can be somewhat irritating. So if you have very sensitive skin, you may want to apply the cream once daily for two weeks to make sure you do not experience irritation. You may increase use as tolerated.
3. As the medication begins to take effect, you may notice that the area appears red. This is a normal reaction and is followed by a scaly darkening that prepares the skin to slough off, revealing lighter skin underneath.
4. Sun avoidance is extremely important in the bleaching process. You must wear sunscreen with at least SPF 30 daily. If in the sun cover the area with clothing or wear a hat if dark area is on the face. Any sun exposure will darken the spots you are trying to lighten with the cream.
5. If you develop any persistent irritation or an increase in the darkening of any skin while using the cream, please stop the product and call the office. Some bleaching agents contain a retinoid component, which can be irritating. If you have very sensitive skin, it may be necessary to apply every other night initially.
6. You should NOT use this product if you are pregnant or trying to become pregnant.
7. This product is given by prescription only and should only be used for 2 to 3 months at a time. We prefer to see you back in the office to evaluate your progress.

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