

## Laser Hair Removal Care

You have had a laser treatment to reduce unwanted hair.

- Immediately after the treatment, there should be redness and swelling of each hair follicle in the treatment site, which may last up to 2 hours, or longer. The redness may last up to 2-3 days. The treated area will feel like sunburn for a few hours after treatment.
- Avoid sun exposure to reduce the chance of darkening of your skin. Use a sunscreen (SPF 30+) for one week following the treatment.
- Avoid picking or scratching the treated skin. Do not use any other hair removal treatment products for similar treatments (waxing, electrolysis or tweezing) that will disturb the hair follicle in the treatment area for 4-6 weeks after laser treatment. Shaving is allowed.
- Anywhere from 5-14 days after the treatment, shedding of the treated hair may occur and this appears as new hair growth. This is NOT new hair growth. You can clean and remove the hair by washing or wiping the area with a wet cloth or Loofa sponge.
- After the underarms are treated, you may wish to use a powder instead of a deodorant for 24 hours after the treatment to reduce skin irritation.
- There are no restrictions on bathing except to treat the skin gently for the first 24 hours.

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